

An Update from the OPA President-Elect

OPA's annual conference is right around the corner. We are excited to pass onto you the reasons why this is a conference you do not want to miss! On November 16th and 17th at the Metro Technology Center Springlake Campus, we will be hosting several out of state speakers, in addition to our own Commissioner White from the Oklahoma Department of Mental Health and Substance Abuse Services as the luncheon Keynote Speaker! The theme of this year's conference came about when OPA heard from its members that "bridging" the alliance between our State Association and important legislative groups was a priority. In addition, OPA wanted to offer our members a diversity of lectures and sessions that brought together ALL specialties in one room from the urban to the far reaching rural areas of Oklahoma to gather and share important topics, state of affairs, and forge relationships not factions so that one day maybe Oklahoma can be known as one of the national leaders in the area of mental health because of its strength as one united body.

Day 1 and 2 of the conference is jammed packed with exciting speakers and breakout sessions covering important topics that affect our population and practice. The conference opens up with a panel of directors from the ODMHSAS who will be speaking about the state of affairs of mental health in our state, recent and future programs, and innovative practices that reach out to the rural population. We are also leaving time for the audience to share with the panel what the state of mental health is in their area, in hopes that this alliance will help facilitate ways to solve the mental health needs of the rural population. Next, Commissioner White will be speaking to the audience about where Oklahoma stands currently and what the plans are for the future, hopefully as a united body, as it pertains to the practice of mental health in Oklahoma. The rest of the day and day two of the conference is filled with well-known exciting speakers. We will be hosting a speaker from the University of North Texas who will be giving a 3 hour lecture on sleep disorders and interventions, a team of board certified psychologists from Ohio who will be giving a 3 hour lecture on the R-PAS for our forensic, academic and private practice psychologists, and Dr. Wolraich from the OUHSC/Child Study Center who will be talking about updates in ADHD and integrative health care models. These speakers are just to name a few of the generous and talented psychologists or physicians who will be conducting sessions on DBT, therapy needs for the geriatric population, and of course ethics. This year we will be

covering updates on the practice act, in addition to Dr. Pam Fischer, past president of OSBEP, who will introduce a discussion on common board complaints and the RFI process.

So, as you can see this year's conference will be one that hopefully everyone will walk away with something useful that they can apply in their practice, but most importantly walk away with a feeling of unity, strength, and hope that the practice of psychology/mental health in Oklahoma is alive and will remain strong even in times of uncertainty. So please join us on **November 16th and 17th!**

Dr. Lori Holmquist-Day, Ph.D.

OPA President- Elect

Social Work and Master's Level CEU's have been approved.

SAVE

bridging the gap

NOVEMBER 16-17, 2017
Metro Tech Springlake Campus
Oklahoma City, Oklahoma

APPROXIMATELY 8 CEU'S EACH DAY

Registration will be open by Labor Day 2017.
For agenda and topic info visit www.okpsych.org.

oklahoma
psychological
association

THE DATE

